

CMI LEVEL 7 CERTIFICATE EXECUTIVE COACHING AND MENTORING 2018

boo
coaching &
consulting

CMI
Chartered
Management
Institute

Are you looking to build on your coaching experience in a really practical way? Would you like to become an accredited coaching and mentoring professional?

Why Team Boo?

We have been supporting learners to complete coaching qualifications since 2012, enabling over 700 participants to grow and develop in confidence with many achieving accreditations in wide range of qualifications.

- Attend 1 x coaching session with lead facilitator
- Complete 1:1 Coaching Signatures™ assessment tool
- Complete and record 40 hours of coaching and/or mentoring and provide reflective accounts to support coaching logs using our innovative CPDme app

What is involved?

- Completion of 2 work based assignments
- Attendance on 5 day taught programme over 3 x workshops over 6 months

CPDme[®]
Development for Life



'This coaching and mentoring programme has been life changing for me and has impacted all areas of my life and wellbeing. It's absolutely amazing how much I have changed over a relatively short period of time. As an additional benefit I have made some lifelong friends along this journey!'

Catherine Baker

CMI LEVEL 7 CERTIFICATE IN COACHING AND MENTORING 2018

What is included in this programme?

Participants will also receive a range of helpful resources to enhance the learning including;

- Boo Coaching handbook
- GROW model coaching cards
- Coaching and Mentoring at Work by Mary Connor and Julia Pokora
- Boo emotionally Intelligent Leadership handbook
- 1 years membership to the Chartered Management Institute
- 1 years membership to CPDme
- Access to world class facilitators and coaching experts
- On-going access to all Team Boo alumni events

BREAKDOWN OF WORKSHOPS

WORKSHOP 1 (2-DAYS)

Refreshing your knowledge of coaching and mentoring
Coaching continuum
Enhancing your coaching tool kit beyond the GROW model
What makes a great Coach?
Roles and responsibilities of a Coach
Core coaching skills of...

- Active listening
- Powerful questions
- Using empathy in coaching
- Contracting and boundaries

WORKSHOP 2 (2-DAYS)

Emotional Intelligence in coaching
Self care for coaches and mentors
Organisational and social impact of coaching and mentoring
Coaching toolkit development
Coach practice

WORKSHOP 3 (1-DAY)

Coaching supervision
Self care continued
Ethical dilemmas
Coaching demonstrations

CHARTERED MANAGEMENT INSTITUTE - THE BENEFITS TO YOU

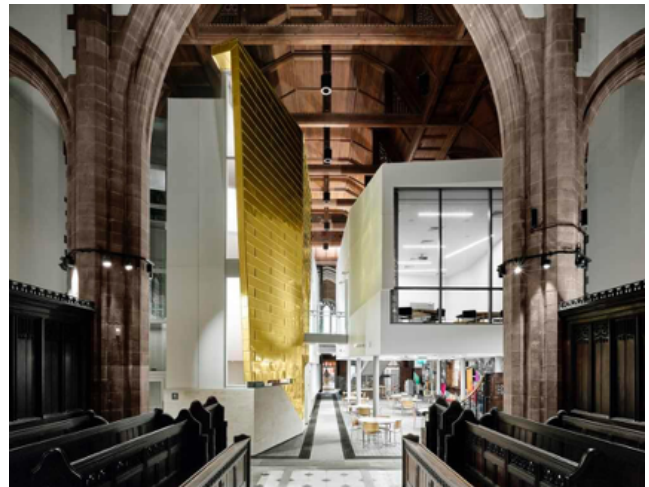
You can benefit from an extensive range of invaluable benefits, including

- **ManagementDirect**, the UK's largest and most comprehensive online resource centre for management and leadership
- Online CPD recording tool and free legal helpline
- Free subscription to *Professional Manager*
- *Membership Matters* - CMI's monthly e-newsletter keeping you up to date with the latest research, news and events
- Access to CMI Achieve, the exciting new mentoring scheme
- Exclusive networking opportunities, both online and through events
- Opportunity to become a Chartered Manager, the most prestigious award attainable in the managerial profession



Venue

Participants will attend the stunning learning environment of All Souls Centre in Bolton www.allsoulsbolton.org.uk where all refreshments will be provided by the team at Huddle UP Café.



Per participant - **£1500 plus VAT**
or a fixed cohort price for organisations
(up to 12 participants) - **£15000 plus VAT**