

COACHING AND MENTORING QUALIFICATIONS WITH TEAM BOO

CHANGING THE WORLD,
ONE WORKPLACE
AT A TIME.

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A group of women are seated around a table in what appears to be a meeting or workshop. They are engaged in discussion and looking at documents. There are coffee cups and a tiered tray with snacks on the table. The image has a purple tint.

WHY CHOOSE BOO?

Team Boo delivers world class executive learning solutions. Our coaching, mentoring and leadership programmes have helped thousands of bosses be better bosses.

THERE'S MORE ...



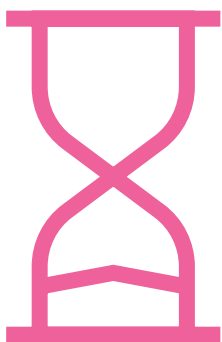
The work we do goes beyond increasing the knowledge and skills of individuals alone. Each of our graduates goes on to contribute to the culture of coaching and mentoring which is changing the world, one workplace at a time.

THERE'S MORE.



At Boo we put wellbeing at the centre of all we do. When you join one of our programmes you will be supported and cared for. Afterwards you will become one of our treasured alumni community.

AND FINALLY...



For every day that we are commissioned to deliver, we bank an hour to give back to the community. When you join one of our programmes, you are part of creating that social value.



WE HAVE BEEN SUPPORTING LEARNERS TO COMPLETE COACHING QUALIFICATIONS SINCE 2012

Enabling over 700 participants to grow and develop in confidence with many achieving accreditations in a wide range of qualifications.

Including both online and face to face delivery of the CMI level 5 award, level 5 certificate and level 7 certificate in coaching and mentoring.

CMI LEVEL 5 AWARD IN COACHING AND MENTORING

Who is the programme for

Designed for developing management coaching and mentoring skills, helping you to identify the links between coaching, mentoring and the achievement of business goals.

Delivery

- Two-day workshop
- Webinar
- observed coaching practice
- Self-directed activities such as written assignments and reflective journals

LEARNING

**60 HOURS
(ONE LEVEL 5 UNIT)**

LOGGED COACHING PRACTICE

12 HOURS



If you opt for one of our online programmes, instead of face to face workshops you will attend a series of **four 2-hour interactive virtual workshops**

COST FACE TO FACE OR ONLINE

**£995 PLUS VAT
PER PERSON**

CMI LEVEL 5 CERTIFICATE IN COACHING AND MENTORING

Who is the programme for

Designed for developing management coaching and mentoring skills, helping you to identify the links between coaching, mentoring and the achievement of business goals.

Delivery

- Five days attendance at workshops over six months
- Observed coaching practice
- Documented coaching hours
- Self-directed activities such as written assignments and reflective journals

LEARNING

**180 HOURS
(TWO LEVEL 5 UNITS)**

LOGGED COACHING PRACTICE

20 HOURS



If you opt for one of our online programmes, instead of face to face workshops you will attend a series of **ten 2-hour interactive virtual workshops**

COST FACE TO FACE OR ONLINE

**£3,500 PLUS VAT
PER PERSON**

CMI LEVEL 7 CERTIFICATE IN COACHING AND MENTORING

Who is the programme for

Designed for directors and senior managers with authority and drive, helping them to translate organisational strategy into effective business performance.

Delivery

- Five days attendance at workshops over six months
- Observed coaching practice
- Documented coaching hours
- Self-directed activities such as written assignments and reflective journals

LEARNING

140 HOURS
(TWO LEVEL 7 UNITS)

LOGGED COACHING PRACTICE

40 HOURS



If you opt for one of our online programmes, instead of face to face workshops you will attend a series of **ten 2-hour interactive virtual workshops**

COST FACE TO FACE OR ONLINE

£3,500 PLUS VAT
PER PERSON

CMI LEVEL 5 AWARD IN PROFESSIONAL TEAM COACHING

Who is the programme for

Designed for managers with experience of coaching; focussing on understanding team dynamics, developing team coaching strategies, and facilitating meaningful change within team environments which can result in improved team cohesion and performance.

Delivery

- Two-day workshop
- Webinar
- Observed team coaching practice
- Documented team coaching hours
- Self-directed activities such as written assignments and reflective journals

Learning outcomes

- Understand the principles of professional team coaching
- Be able to plan and deliver professional team coaching
- Be able to reflect and act on the outcomes of professional team coaching

LEARNING

30 HOURS

LOGGED COACHING PRACTICE

Coaches must complete a minimum of THREE team coaching sessions delivered to a team made up of a minimum of THREE individuals. Coaches must be observed for a minimum of ONE hour when delivering the coaching



If you opt for one of our online programmes instead of face to face workshops, you will attend **four 2.5-hour interactive virtual workshops**

COST FACE TO FACE OR ONLINE

**£1,450 PLUS VAT
PER PERSON**

CMI LEVEL 6 AWARD IN COACHING SUPERVISION

Who is the programme for

Designed for qualified coaches who are practising or aspiring Professional Coach Supervisors; professional coaching supervision is a catalyst for improving the quality of services provided by coaches to their coachee's and stakeholders.

Delivery

- Four days attendance at workshops over six months
- Observed coaching supervision practice
- Documented coaching supervision hours
- Self-directed activities such as written assignments and reflective journals

Learning outcomes

- Understand the principles of professional coaching supervision
- Understand the principles of professional coaching supervision
- Know how to deliver and quality assure professional coaching supervision
- Be able to plan, deliver and evaluate professional coaching supervision

LEARNING

44 HOURS

LOGGED COACHING PRACTICE

Professional coaching supervision must be delivered to a minimum of TWO supervisees for a minimum of THREE coaching supervision sessions in total. Each coaching supervision session must last for a minimum of SIXTY minutes and will not exceed NINETY minutes.

Coaching supervision must be observed for a minimum of ONE session per supervisee by someone with experience of coaching supervision



If you opt for one of our online programmes instead of face to face workshops, you will attend **6-8 x 2.5-hour interactive virtual workshops**

COST FACE TO FACE OR ONLINE

**£1,950 PLUS VAT
PER PERSON**

SUPERVISION AND CPD FOR COACHES 12 MONTH PACKAGE

Who is the programme for

Practicing coaches who qualified through our L7 CMI Coaching Certificate who would like supervision and CPD to support them in their coaching as outlined in the Global Code of Ethics

What is included

- Small group – max 6 coaches
- 4 x 2 hour interactive group supervision sessions
- 2 x 1 hour interactive group CPD sessions
- 1 x Coaching Signatures 1:1 supervision session
- Boo coaching gift



This will be delivered virtually unless the whole group are able to travel to Bolton for the sessions.

COST FACE TO FACE OR ONLINE

**£600 INCLUDING
VAT PER PERSON**



**COACHING IS
A CHANCE TO**

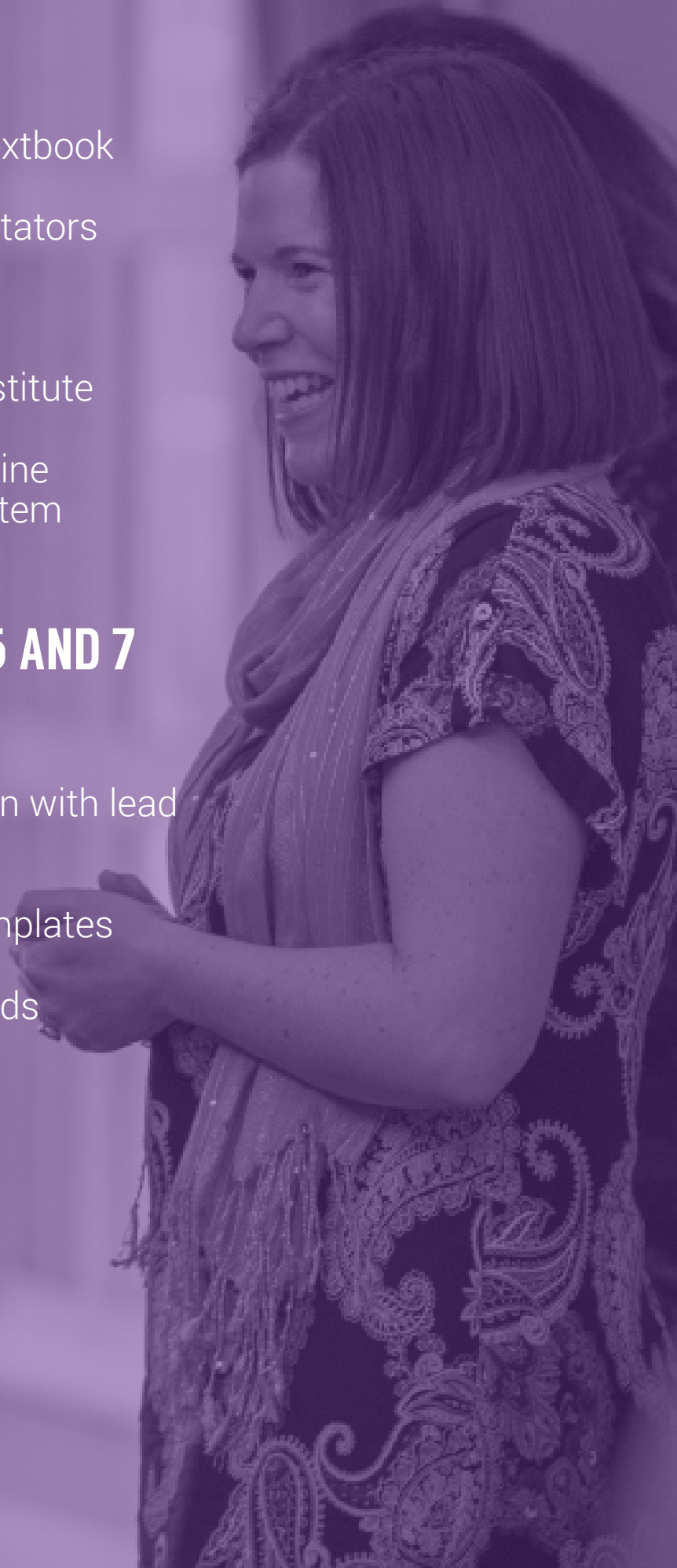
reflect and grow

WHAT IS INCLUDED

- Boo Coaching handbook
- Coaching and Mentoring textbook
- Access to world class facilitators and coaching experts
- 1 years membership to the Chartered Management Institute
- Exclusive access to our online Learning Management System

IN ADDITION FOR LEVEL 5 AND 7 CERTIFICATES

- Attend 1 x coaching session with lead facilitator
- Access to coaching log templates
- GROW model coaching cards



ABOUT CMI

CMI is the only Chartered professional body in the UK dedicated to promoting the highest standards in management and leadership excellence. It has more than 90,000 members.

It is the only Chartered body in the UK that awards management and leadership qualifications, and the only body that awards Chartered Manager, the hallmark of any professional manager; literally setting the standards that others must follow.

If you're a manager that means when you join CMI you're making a statement about your standards and determination to continue to develop your management skills.

CMI MEMBERSHIP – BENEFITS TO YOU



- ManagementDirect, the UK's largest and most comprehensive online resource centre for management and leadership.
- Access to coaching log templates
- Membership Matters - CMI's monthly e-newsletter keeping you up to date with the largest research, news and events
- Access to CMI Achieve, the exciting new mentoring scheme
- Exclusive networking opportunities, both online and through events
- Opportunities to become a Chartered Manager, the most prestigious award attainable in the management profession
- Free subscription to Professional Manager

WE ARE MEMBERS OF



LEARNER EXPERIENCES

“Changing
the world, one
workplace at a
time”

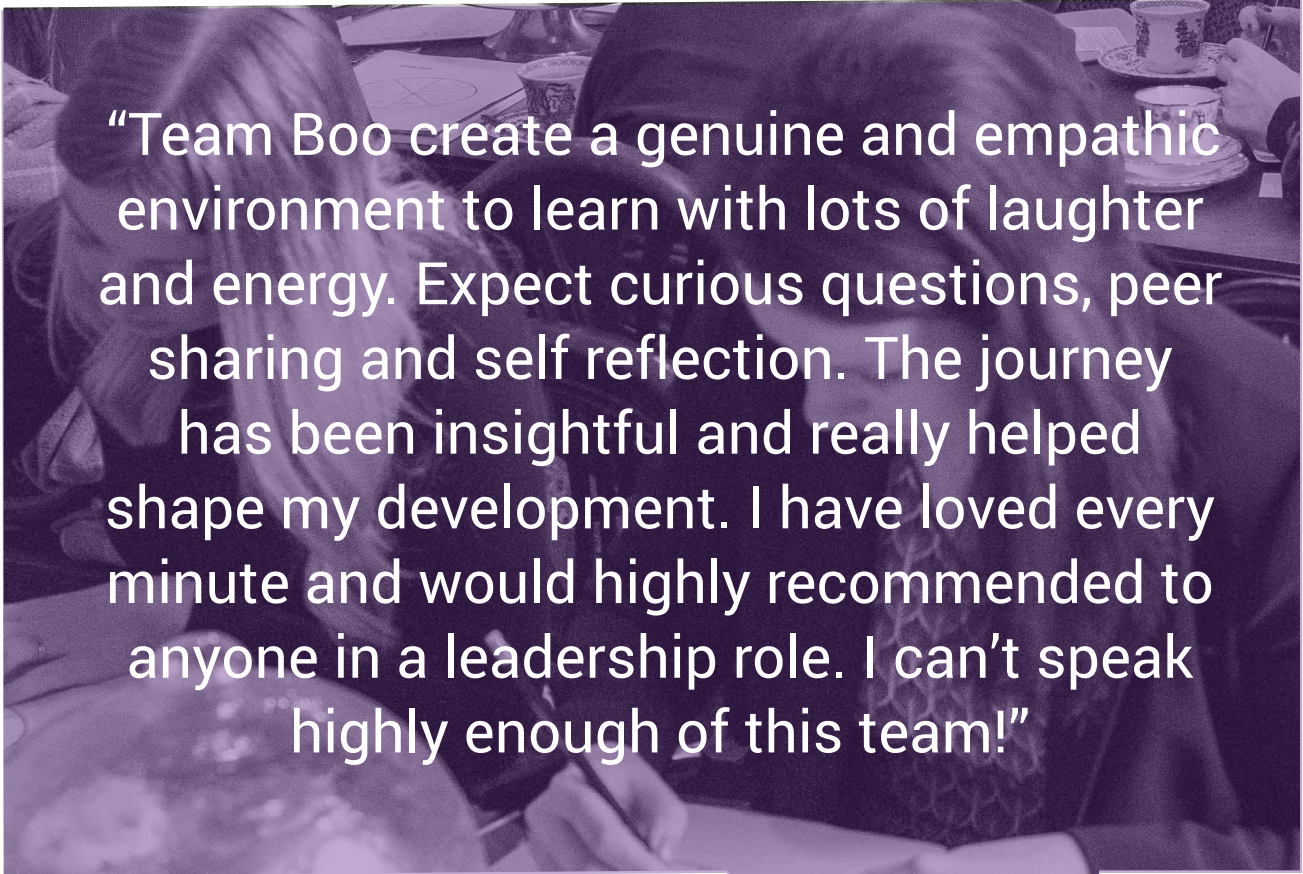


“The coaching course not only helped me to be a coach (a role that’s so important to me) but also helped me to understand the importance of looking after myself, listening, and allowing myself time.”

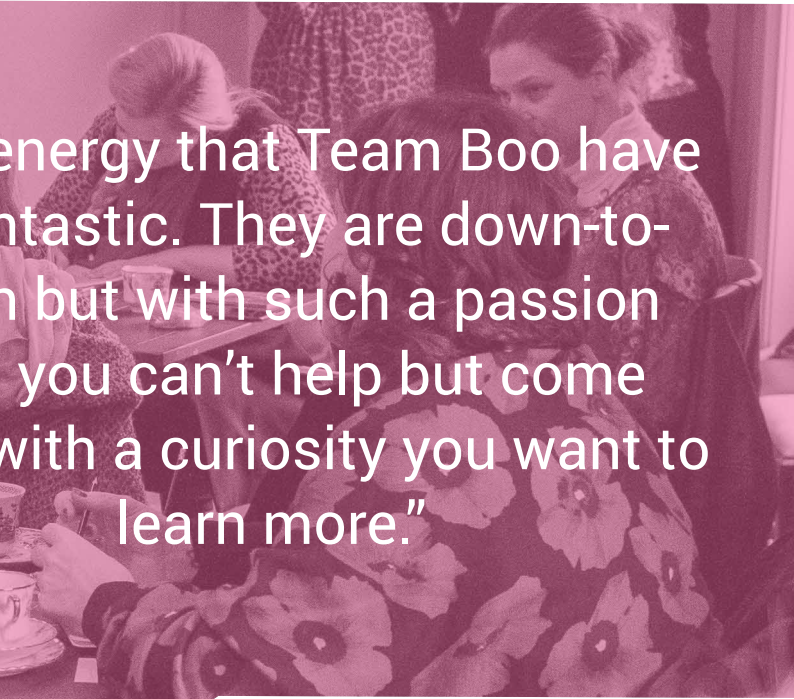


“The e
is far
earth
that
away v

“Enabling participants to
grow and develop”



"Team Boo create a genuine and empathic environment to learn with lots of laughter and energy. Expect curious questions, peer sharing and self reflection. The journey has been insightful and really helped shape my development. I have loved every minute and would highly recommended to anyone in a leadership role. I can't speak highly enough of this team!"



energy that Team Boo have fantastic. They are down-to-earth but with such a passion you can't help but come with a curiosity you want to learn more."

"Achieving accreditations in a wide range of qualifications"

SARAH'S LEARNING EXPERIENCE

2019 graduate Sarah Geere explains the benefits of attending our Level 5 open programme.

Sarah wasn't specifically looking to complete a coaching and mentoring qualification, but when one of our flyers made its way into a leadership meeting, it piqued her interest.

"I'd already heard of coaching as I'd done a Masters Degree in Leadership, and it resonated with my background as an occupational therapist because we use those skills indirectly with patients. Coaching and mentoring, as a leadership development tool, can change culture in a staggered way. It's about achieving that shift through lived experience and not 'oh the managers have been on a course again....'"

Sarah thinks that attending an open programme with attendees from varied backgrounds was a strong selling point and the best choice for her. these were her three highlights:

1. THE CONFIDENCE TO HONE COACHING SKILLS IN A NEUTRAL ENVIRONMENT, WITHOUT CONFLICT OF INTEREST OR LOSING SIGHT OF THE BIGGER PICTURE

"That fact that my coachees weren't from the same organisation was great because it gave me the confidence that I was actually relying on my coaching practice and not my subject experience or my existing knowledge about them instead."

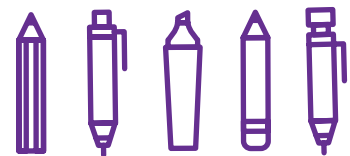
2. THE DEVELOPMENT OF A COACHING COMMUNITY

"The cross-organisational aspect was a real positive for me. There was a good mix of organisations and they became a network."

3. TEAM BOO'S APPROACH

"I loved the course. The energy that Team Boo have is fantastic. They are down to earth but with such a passion that you can't help but come away with a curiosity, you want to learn more..."

"I've realised I am a visual coach. I have a real affinity for sticky notes and coloured pens, and these are some of the main tools that I use in my practice. This really helped it click for me."



In a statement that echoes what many of our participants say, Sarah explained that her learning has had positive knock-on effects beyond her professional life.

"Coaching, in particular, is my go-to tool. My family joke about how I directly use coaching questions at home. Not only that, but this approach seems to have rubbed off on them too. They'll say to me 'What would your kind self say?'"

IS THIS PROGRAMME FOR ME?



DO I WANT TO BE AN AWESOME BOSS?



AM I UP FOR THE CHALLENGE?



DO I HAVE ACCESS TO COACHES/MENTORS TO PRACTICE MY SHINY NEW SKILLS?



CAN I MAKE THE ATTENDANCE DATES, LEARNING HOURS AND ASSESSMENT SUBMISSION DEADLINES?



FOR THE ONLINE BITS, DO I HAVE ACCESS TO THE TECHY STUFF (LAPTOP, PC, WIFI) AND NICE QUIET PLACE TO LEARN?



WHAT NEXT?

**GET IN TOUCH WITH
TEAM BOO AND REMEMBER —**

**YOU ARE CAPABLE
OF AMAZING THINGS!**

TALK TO TEAM BOO



CALL US

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